

The Safe Listener's Promise 4x6 Postcard

✂ Print this page, then cut out cards.

THE SAFE LISTENER'S PROMISE

- I will listen to understand.
- I will keep what you share private.
- I will not minimize your pain.
- I will not compare your pain with my own.
- I will not give quick solutions.
- I will listen again when you want to share more.



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